

# SPORTS LEADERSHIP DEVELOPMENT PROGRAMME

## *Tautoko Kairangi*

### **Sports Leadership Development Programme (SLDP) Information and Application Form**

The Sports Leadership Development Programme is a training and support programme designed to assist talented students to reach their sporting potential, as well as achieving academic success. Our training and support programme is intended to be a stepping stone to further achievements at a regional and national level. It will also increase the sporting and academic achievement level within RLHS. The SLDP will support all codes that benefit our students and wider community.

#### **KEY OUTCOMES**

- Improving levels of fitness, skill, commitment and physical and mental toughness within the individual athlete.
- Promoting a measured and intelligent approach within the athlete towards their chosen sport.
- Developing a strong junior development programme for each code to ensure continued success at the senior level of competition.
- Showing loyalty to our students who have put in the effort and time to better themselves as sports people.
- Instilling a sense of pride and humility in our athletes through being a part of a focused group taking part in their programme.
- Offering new opportunities, to listen and learn from specialists in areas such as fitness and training techniques, sports nutrition, sports psychology and code specific skills.
- Ensuring continued improvement and success of our student athletes on the sports field and in the classroom.
- To provide students with long term sports related life skills.
- To develop students within the programme who are positive role models for other sports people and students within the school.

#### **CRITERIA FOR BEING SELECTED FOR THE PROGRAMME**

- NZ title/representative in their chosen sport.
- The students being selected/representing Rotorua, BOP that compete at a national level.
- Local/Regional Titles in an individual sport.
- Top three in their chosen sport either local or regional competitions.
- Good academic behaviour and attendance records at school.
- Contract signed.
- A proven track record.
- References.

Students who show clear promise and skills that are likely to develop to achieve these criteria are also eligible to apply.

#### **CRITERIA FOR BUILDING YOUNG LEADERS IN OUR SCHOOL**

The individual demonstrate the following:

- Respect for others.
- Humility.
- Empathy.
- Problem solver.
- Positive person.

## **CRITERIA FOR MAINTAINING A PLACE IN THE SLDP**

- Be involved and fulfil all team requirements in school team (or club if no school team available) in the sport for which the student is participating in the SLDP.
- Maintain satisfactory academic progress made in other classes at school (grade point average > 2).
- Exhibit a satisfactory level of behaviour at all times, both inside and outside of school.
- Maintain satisfactory attendance at school and to all classes (> 85%).
- Continually demonstrate a high level of effort and skill to the satisfaction of the SLDP staff in all aspects of the programme,
- Wear the SLDP uniform during practical classes.
- Seniors will demonstrate leadership to promote active lifestyle.
- Excellence in relevant SLDP academic assessments.
- A consistent effort to develop their own success and support the leadership of others.
- Complete all school work to the best of your ability, so we should not hear from your teachers that you did a poor job, or that you rushed the work.
- Complete all assessments on time. If you are asked to give up your time to fix the work, you must comply.
- Be in the right class at the right time, unless authorised by the SLDP Manager.
- Use study time for study and training time for training.
- Do not talk back to or bad mouth teachers, support staff, or volunteers.
- Support fellow peers to do their best.
- Do not be a bystander if you see something inappropriate happening.
- Wear your school uniform correctly

## **PROGRAMME ELEMENTS**

- Specific training for their chosen sports codes.
- Skills training.
- Specific knowledge training (nutrition, game days, trainings, greater understanding of their chosen game/sport).
- Junior and Senior programmes.
- Programme writing / fitness testing.
- Achievement standards.

The programme will vary dependant on working around competitions and seasonal approaches and will involve guest speakers, trips to facilities and possibly camps.

## **THE TWO TIERS OF SLDP**

- Tier 1: Students are in the SLDP team class and have an SLDP study line available. The students and their class will meet regularly with the SLDP Manager to go over student goals, and monitor their progress.
- Tier 2: Students who were previously in SLDP tier 1 or do not currently meet the criteria or expectations of tier 1. These students will be in their own House Group however the SLDP Manager will be monitoring their progress throughout the year and setting them goals to return to/engage in SLDP tier 1.

## **UNDERSTANDING GRADE POINT AVERAGE (GPA)**

- Grade Point Average is a score based on the marks you achieve in your assessments and is averaged out over all of the assessments you complete. The scoring is as follows.
  - Excellence - 4
  - Merit - 3
  - Achieved - 2
  - Not Achieved - 0



## Application Form

I ..... would like to apply for the Rotorua Lakes High Sports Leadership Development Programme and understand the expectations of being in the SLDP.

Year Level.....

- Please state the sport you wish to represent .....

If I am accepted in SLDP some areas I would like some help in are

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My goals for 2021 are

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SLDP will benefit me by

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As part of the Sports Leadership Development Programme I agree to the criteria outlined in the SLDP information sheet.

**Please provide a written summary with background supporting information that demonstrates how you meet the Sports Leadership Development Programme Criteria.**

**Applications close Tuesday 19<sup>th</sup> January 2021. Interviews will take place week commencing 25<sup>th</sup> January 2021.**

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Student Signature

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Date

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Caregiver Signature

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Date

